

ELENA C. BALLANTYNE

3100 North Lake Shore Drive, Apt. 1503
Chicago, Illinois, 60657
Cell: 773.595.9325
eballantyne@my.adler.edu

EDUCATION

- 2008-present **Doctoral Student, Adler School of Professional Psychology**
APA Accredited Psy.D. Clinical Psychology Training Program
Concentration: Neuropsychology
Chicago, IL, USA
Dissertation: The neuropsychology of mindfulness: Attentional aspects
- 2000-2004 **Bachelor of Arts, Honors, Queen's University**
Major: Psychology
Kingston, ON, Canada
Dissertation: Life Events and Health Outcomes in Older Adults

PRACTICUM EXPERIENCE

Advanced Extern, University of Illinois at Chicago, Department of Neurology and Rehabilitation
Chicago, Illinois (May 2011 - June 2012)

Supervisor: Linda Laatsch, PhD

- Conduct outpatient assessments in department clinic on a university campus to evaluate the cognitive functioning of individuals with acquired brain injury, ADHD, and learning disabilities.
- Provide outpatient cognitive rehabilitation for post-brain injury individuals.
- Facilitate group supervision and training for first year graduate students in clinical psychology.
- Attend weekly lectures on neuroanatomy, neuropsychological assessment, and central nervous system disorders.

Supplemental Practicum, Neuropsychological Services, PC

Chicago, Arlington Heights, and Darien, Illinois (May 2011 – present)

Supervisor: Frederick Bylsma, PhD

- Conduct a broad range of outpatient assessments in a private neuropsychological practice (three locations).
- Diagnoses include acquired brain injury, depression, anxiety, ADHD, and learning disabilities.
- Other responsibilities include assessment scoring and editing reports.

Therapy Extern, Swedish Covenant Hospital, Health Psychology Department

Chicago, Illinois (July 2010 – June 2011)

Supervisors: Sung Jin Cho, PsyD; Steven Kvaal, PhD; Dorota Erdman, PsyD; Katherine Hanson, PhD; Frederick Bylsma, PhD

- Conducted hospital-based inpatient and outpatient intake sessions and therapy for general psychiatric issues.
- Provided outpatient therapy for chronic pain patients from the Pain Clinic.
- Conducted outpatient assessments for ADHD and learning disabilities.
- Completed two rotations in Rehabilitation Medicine and Inpatient Psychiatry. The Rehabilitation Medicine rotation involved assessment and treatment of individuals with acquired brain injury, Parkinson's disease, and debility; consulted with the medical team while conducting assessments; and made recommendations for treatment.
- The Inpatient Psychiatric rotation involved conducting assessment of psychiatric status and intellectual functioning and brief inpatient therapy.
- Participated as member of multidisciplinary team and attended weekly case conferences.
- Diagnoses included depression (with and without post-partum onset), anxiety, pain disorders, substance abuse/dependence, bipolar disorder, schizoaffective, and personality disorders.

Diagnostic Extern, University of Illinois Hyperactivity, Attention Deficit, and Learning Problems (HALP) Clinic

Chicago, Illinois (July 2009 – June 2010)

Supervisors: Francesca Skowronski, PhD; Mark Stein, PhD

- Conducted assessments of children, adolescents, and adults to detect the presence of a learning disability or attention deficit hyperactivity disorder in a medical clinic on a university campus.
- Responsibilities also included report writing, presenting feedback to the clients, and training externs and staff to conduct phone intakes with prospective clients.
- Assisted with two research projects regarding the effectiveness of Camp Star which is a summer camp for children with ADHD and other behavioral disorders.
- Attend weekly lectures on neuroanatomy, neuropsychological assessment, and central nervous system disorders.

Community Service Extern, Center on Halsted Mental Health Program

Chicago, Illinois (July 2008 – December 2008)

Supervisors: Jason McVicker, MA; Courtney Reid, MA

- Created a database and entered data from mental health measures collected in the Mental Health Program at a community centre.
- Analyzed data and wrote a report which outlined the results and recommendations for further research in the LGBT community.

RESEARCH EXPERIENCE

Doctoral Dissertation, Adler School of Professional Psychology

Chicago, Illinois (May 2011 – present)

Supervisor: David Castro-Blanco, PhD

Title: The neuropsychology of mindfulness: Attentional aspects

- The purpose of this dissertation is to explore the relationship between self-reported mindfulness and performances on standardized measures of attention, as the relationship

between dispositional mindfulness and attention remains to be properly delineated and assessed.

- The thesis proposal defense (8/26/2011) and ethics application have been completed. Data analysis is currently in progress. Anticipated completion date: April 2012.

Simulation Research Assistant, Adler School of Professional Psychology
Chicago, Illinois (September 2009 – July 2010)

Supervisor: Lynn Todman, PhD

- Participated in a simulation of how recently released inmates obtain housing, treatment, and employment to provide education regarding public policy barriers to community integration.
- Concurrently, I researched public policy regarding issues pertaining to the prison population.

Research Assistant, Adler School of Professional Psychology
Chicago, Illinois (May 2008 – May 2010)

Supervisor: Larry Maucieri, PhD

- Assisted in a study that examined the cognitive correlates of mindfulness.
- Administered assessment measures of attention and verbal fluency to adult research participants.

Project/Research Coordinator, Toronto Rehabilitation Institute – Lyndhurst Centre
Toronto, Ontario (July 2006 – present)

Supervisor: Kathy Boschen, PhD; Anthony Burns, MD

- Assisted with several projects (outlined below) regarding spinal cord injury-related chronic pain at various rehabilitation hospitals:
 1. Initiative for Improving Quality of Life for People with SCI-Related Chronic Pain
Project Coordinator. Responsibilities included conducting semi-structured interviews with healthcare professionals and individuals with spinal cord injury. Assisted in the planning and execution of a one-day working meeting held in conjunction with the 3rd National Spinal Cord Injury Conference in 2006. Served as recorder and break-out group facilitator for discussion portion of working meeting. Responsible for data management, entry, and analysis as well as for formal research presentations. Worked with an interdisciplinary team of health care professionals.
 2. Complementary Approaches to Chronic Pain Management: Analysis of the Toronto Rehabilitation Institute Rumsey Centre Pain Service Dataset
Project Coordinator. Responsibilities included grant and manuscript writing, coordination of team meetings, and ethics submissions. Prepared manuscripts for publication and formal research presentations. Primarily responsible for data entry and analysis. Trained and supervised research assistants.
 3. Spinal Cord Injury Rehabilitation Evidence (SCIRE)
Project Coordinator. Conducted a critical literature appraisal for community reintegration intervention studies on spinal cord injury-related chronic pain using a

research design rubric. Topic areas reviewed were peer mentoring, case management, affective counseling, and housing.

4. SCI Chronic Pain Management: A Clinical Demonstration Study
Research Coordinator. Primarily responsible for grant writing, ethics submissions, report writing, and data entry and analysis for the assessment of a pilot SCI-specific self-management program.

5. International Perspectives on Spinal Cord Injury
Co-author. Conducted literature search on employment and spinal cord injury for a book chapter for the World Health Organization (WHO). Collected global data on disability policy, epidemiology of SCI, and effectiveness of all interventions designed to facilitate return to work following injury.

Research Coordinator, Baycrest Centre for Geriatric Care

Toronto, Ontario (October 2005 – January 2007)

Supervisor: Robert van Reekum, MD

- Conducted neuropsychological testing with brain-injured adult participants in a drug trial of Aricept (donepezil) in various Toronto-based rehabilitation hospitals.
- Other duties included independently recruiting, screening, and consenting participants, ensuring compliance via regular phone calls, and manuscript and ethics report writing.
- Administered cognitive measures from the Repeatable Battery for the Assessment of Neuropsychological Status (RBANS) and Structured Clinical Interview for DSM-IV (SCID) for research purposes.

Project Assistant, Hospital for Sick Children

Toronto, Ontario (November 2005 - July 2006)

Supervisor: Karen Leslie, MD; Gillian Thompson, NP

- Worked in an inter-disciplinary hospital-based clinic in the Department of Adolescent Medicine.
- Administered assessment tools (i.e., Substance Abuse Subtle Screening Inventory [SASSI]) to determine level and type of risk for maladjustment in growth and development of infants and their adolescent parents.

Research Assistant, Toronto Rehabilitation Institute – Dept. of Occupational Therapy

Toronto, Ontario (January 2005 - June 2005)

Supervisor: Angela Colantonio, PhD

- Abstracted forensic psychiatric charts of patients with history of brain injury at the Centre for Addiction and Mental Health (CAMH) on inpatient and outpatient units of a psychiatric hospital.
- Also performed literature searches and prepared manuscripts for publication.

Research Assistant, Toronto Rehabilitation Institute

Toronto, Ontario (August 2004 – October 2005)

Supervisor: Nora Cullen, MD

- Consented brain-injured inpatients to contribute data to a Model Systems Database and administered neuropsychological tests from the WAIS-III and WMS-III in a

rehabilitation hospital. Completed disability measures (i.e., Glasgow Outcome Scale), follow-up functional assessments, and chart reviews.

- Prepared manuscripts for publication and grant writing.
- Received Functional Independence Measure (FIM) training.

Honors Thesis, Queen's University

Kingston, Ontario (July 2003 – April 2004)

Supervisor: Jill Jacobson, PhD

Title: Life Events and Health Outcomes in Older Adults

- Completed a thesis proposal defense and full ethics submission.
- Trained and supervised ten research assistants, recruited participants, and conducted structured interviews with senior citizens in the community.
- Wrote and defended my undergraduate honors thesis based on the study.
- In a sample of older adults, negative life events interacted with self-esteem to predict health status. Specifically, increased rates of negative life events predicted health improvement for low self-esteem individuals. However, health did not significantly worsen for high self-esteem individuals.

Research Assistant, Pain Laboratory, Queen's University

Kingston, Ontario (July 2003 – April 2004)

Supervisor: Dean Tripp, PhD

- Cold Pressor Task:
 - The cold pressor task involves placing a forearm in cold water (10 degrees Celcius), a stimulus that produces a slowly mounting pain of mild to moderate intensity for one minute. Participants were videotaped and their galvanic skin response was recorded as an indicator of anxiety.
- Predictors of postoperative pain study:
 - Conducted structured interviews and Mini Mental Status Exams (MMSE) with adult inpatients undergoing total knee replacement surgery at Kingston General Hospital.

Research Assistant, Queen's University

Kingston, Ontario (Fall 2002 - Winter 2003)

Supervisor: Jill Jacobson, PhD

- Thioamine Acetylase (TAA) enzyme paradigm:
 - In this study, participants were informed that they would be taking a medical test that would determine whether or not they possess TAA, a fictitious enzyme that purportedly influences their chances of developing pancreatic disease later in life.
 - Responsibilities included administering a fictitious TAA enzyme medical test and other health measures to participants.
 - Included training in MediaLab experimental design software.

PRESENTATIONS

- Ballantyne, E.C.**, Gricol, K., Cummings, J.A., & Hayes, A. M. (2011, November). Dysfunctional Interpersonal Behaviors of Individuals with Avoidant Personality Disorder and Obsessive Compulsive Personality Disorder Symptoms. Association for Behavioral Cognitive Therapy (ABCT) 45th Annual Convention. Poster presentation.
- Ballantyne, E.C.** (2011, January). Dementia: Causes, Assessment, and Treatment. Swedish Covenant Hospital Mind and Memory Workshop. Invited speaker.
- Boschen, K.A., Burns, A., Bain, P., Schultz, T., Hu, A., Dell'Erba, C., Jenkins, L., **Ballantyne, E.C.**, Delparte, J. (2010, October). Late-emerging effects of an SCI chronic pain self-management pilot study. 4th National SCI Conference. Poster presentation.
- Ballantyne, E.C.**, Maucieri, L., Francis, T.J., Chaplin, A., & Beitel, M. (2010, June). The neuropsychology of mindfulness: Attentional aspects. American Academy of Clinical Neuropsychology Annual Meeting. Poster presentation.
- Ballantyne, E.C.** (2010, June). Comparison of catastrophic impairment health coverage and Medicaid waiver program policies for acquired brain injury survivors without disability insurance. Social Determinants of Mental Health: From Awareness to Action Conference. Paper presentation.
- Ballantyne, E.C.** (2010, March). Race and spinal cord injury: The role of psychologists in helping those most at risk. 2010 Multifaceted Themes of Diversity Conference, Chicago, Illinois. Paper presentation.
- Ballantyne, E.C.** (2009, May). Demographic characteristics and treatment needs of LGBT community mental health clients. 2009 Adler Ethnic Minority Student Association Conference, Chicago, Illinois. Poster presentation.
- Ballantyne, E.C.** (2008, December). Final analysis of the Mental Health Program database at Center on Halsted. Center on Halsted, Chicago, Illinois. Invited speaker.
- Ballantyne, E.C.** (2008, December). Analysis of the Mental Health Program database at the Center on Halsted. Adler School of Professional Psychology Community Service Practicum Poster Day, Chicago, Illinois. Poster Presentation.
- Ballantyne, E.C.** & Boschen, K.A. (2007, December). The best kept secret: The Chronic Pain Service at Rumsey Centre. Toronto Rehab Rumsey Centre, Toronto, Canada. Guest Speaker.
- Boschen, K.A., Bayley, M.T., Campbell, K.A., Dell'Erba, C., McGillivray, C.F., Moore, J.B., Pape, D.A., Petrie, S. & **Ballantyne, E.C.** (2007, February). Preliminary analysis of the Toronto Rehabilitation Institute Rumsey Centre Pain Service Dataset. Toronto Rehab Research Day, Toronto, Canada. Poster presentation.

Boschen, K., Katz, J., Craven, B.C., Hunter, J.P., Tonack, M., Hitzig, S.L., Popovic, M.R., Thrasher, T.A., Rapson, L., Walker, K.D., Petrie, S. & **Ballantyne, E.C.** (2006, October). Spinal cord injury pain and quality of life post-discharge: New research initiatives. 2nd National Spinal Cord Injury Conference, Toronto, Canada. Poster presentation.

Hunter, J.P., Hitzig, S.L., Boschen, K., Katz, K. & **Ballantyne, E.C.** (2006, November). Chronic pain after spinal cord injury (SCI): Clinician's knowledge and attitudes. Toronto Rehab Research Day, Toronto, Canada. Slide Presentation.

Ballantyne, E.C. & Jacobson, J.A. (2005, January). Self-esteem, life events, and health outcomes of older adults. Sixth Annual Conference for the Society for Personality and Social Psychology, New Orleans, USA. Poster Presentation.

Ballantyne, E.C. (2004, May). Self-esteem, life events, and health outcomes of older adults. St. Mary's of the Lake Hospital, Kingston, Canada. Guest Speaker.

POSTERS

Boschen, K.A., Burns, A., Bain, P., Schultz, T., Hu, A., Dell'Erba, C., Jenkins, L., **Ballantyne, E.C.** & Delparte, J. (2010). Results from an SCI-Specific Pain Self-Management Project. American Spinal Injury Association Annual Meeting.

Boschen, K.A., Bayley, M.T., Campbell, K.A., Dell'Erba, C., McGillivray, C.F., Moore, J.B., Pape, D.A., Petrie, S., **Ballantyne, E.C.** (2009). Spinal cord injury chronic pain self-management outcomes. 48th International Spinal Cord Society (ISCoS) Annual Scientific Meeting. Florence, Italy.

Boschen, K.A., Bayley, M.T., Campbell, K.A., Dell'Erba, C., McGillivray, C.F., Moore, J.B., Pape, D.A., Petrie, S., & **Ballantyne, E.C.** (2008). Complementary approaches to chronic pain management in spinal cord injury. 47th ISCoS Annual Scientific Meeting. Durban, South Africa.

Boschen, K.A., Bayley, M.T., Campbell, K.A., Dell'Erba, C., McGillivray, C.F., Moore, J.B., Pape, D.A., Petrie, S., & **Ballantyne, E.C.** (2008). Analysis of the Toronto Rehabilitation Institute Rumsey Centre Pain Service Dataset. 3rd National Spinal Cord Injury Conference. Toronto, Canada.

Boschen, K.A., Bayley, M.T., Campbell, K.A., Dell'Erba, C., McGillivray, C.F., Moore, J.B., Pape, D. A., Petrie, S., **Ballantyne, E.C.** (2008). Assessing the effectiveness of a pain management program. GTA Rehab Network Best Practices Day Slide Abstracts. Toronto, Canada.

Boschen, K.A., Hunter, J.P., Hitzig, S.L., Tonack, M., Katz, J., Rapson, L., Walker, K. D., Petrie, S., Craven, B.C., Popovic, M. R., Thrasher, T.A., **Ballantyne, E.C.** (2008). New SCI pain and quality of life research in Ontario. GTA Rehab Network Best Practices Day Slide Abstracts. Toronto, Canada.

Boschen, K., Katz, J., Craven, B. C., Hunter, J. P., Tonack, M., Hitzig, S. L., Popovic, M. R., Thrasher, T.A., Rapson, L., Walker, K., Petrie, S. & **Ballantyne, E. C.** (2007). Kick starting an SCI Pain Research Program in Ontario: Getting five grants from one. Toronto Rehab Research Day, Toronto, Canada.

Hitzig, S.L., Boschen, K., Hunter, J.P., Katz, J., Craven, B.C., Tonack, M., Rapson, L., Petrie, S., Walker, K.D. & **Ballantyne, E.C.**, Thrasher, A.T., & Popovic, M.R. (2007). Spinal Cord Injury Pain and Quality of Life Research Initiative. 15th Interurban Spinal Cord Injury Conference, Hamilton, Canada.

Boschen, K.A., Bayley, M.T., Campbell, K.A., Dell'Erba, C., McGillivray, C.F., Moore, J.B., Pape, D.A., Petrie, S. & **Ballantyne, E.C.** (2007). Preliminary analysis of the Toronto Rehabilitation Institute Rumsey Centre Pain Service Dataset. 46th ISCoS Annual Scientific Meeting Proceedings. Reykjavik, Iceland.

Ryu, W. H., Cullen, N., Green, Robin, & **Ballantyne, E.C.** (2005). Early tests of information processing speed, attention and memory as correlates of 1-year functional outcome in ABI patients. 12th Annual Academic Day For Ontario Physiatrists. Toronto, Canada.

PUBLISHED ABSTRACTS

Boschen, K., Hunter, J.P., Hitzig, S.L., Tonack, M., Katz, J., Rapson, L., Walker, K.D., Petrie, S., Craven, B.C., Popovic, M.R., Thrasher, T.A. & **Ballantyne, E.C.** (2007). Kick-starting an SCI pain research program in Ontario: Getting five grants from one. *Archives of Physical Medicine and Rehabilitation*, 88 (10), e23.

PUBLICATIONS

Boucher N, **Ballantyne E**, Boschen K (2010). Housing and Attendant Care : Cornerstones of Community Reintegration after SCI. In: Eng JJ, Teasell RW, Miller WC, Wolfe DL, Townson AF, Hsieh JTC, Connolly SJ, Mehta S, Sakakibara BM, editors. Spinal Cord Injury Rehabilitation Evidence. Volume 3.0. Vancouver: p. 1-25. Available: <http://www.scireproject.com/rehabilitation-evidence/housing-and-attendant-care>

Ballantyne, E.C. (2010). Economic conditions as social determinants. In L. Todman & J.S. Taylor (Eds). *The Social Determinants of Mental Health: From Awareness to Action*. Chicago, IL: Adler Institute on Social Exclusion.

Ballantyne, E.C. (2010). Social determinants of refugees' experience. In L. Todman & J.S. Taylor (Eds). *The Social Determinants of Mental Health: From Awareness to Action*. Chicago, IL: Adler Institute on Social Exclusion.

Ballantyne, E.C. (2010). Culture as a social determinant. In L. Todman & J.S. Taylor (Eds). *The Social Determinants of Mental Health: From Awareness to Action*. Chicago, IL: Adler Institute on Social Exclusion.

Ballantyne, E.C. (2010). Prevention. In L. Todman & J.S. Taylor (Eds). *The Social Determinants of Mental Health: From Awareness to Action*. Chicago, IL: Adler Institute on Social Exclusion.

MANUSCRIPTS IN PREPARATION

Boucher, N, **Ballantyne, E**, Boschen, K (submitted). Employment (section 3.1) and Economic Self-Sufficiency (section 3.2), Chapter 7 (chapter editor, Marcel Post), International Perspectives on Spinal Cord Injury (Editor, Jerome Bickenbach). To be published by World Health Organization, Geneva, Switzerland.

Ballantyne, E.C., Maucieri, L., Francis, T., Chaplin, A.P., Beitel, M. (In preparation). Mindfulness facets and neuropsychological function: Differential relations.

Boschen, K.A., Bayley, M.T., Campbell, K.A., Dell’Erba, C., McGillivray, C.F., Moore, J.B., Pape, D.A., Petrie, S., & **Ballantyne, E.C.** (In preparation). Complementary approaches to managing chronic pain: Analysis of the Rumsey Centre Chronic Pain Service Database.

Boschen, K., Katz, J., Craven, B. C., Hunter, J. P., Tonack, M., Hitzig, S. L., Popovic, M. R., Thrasher, T.A., Rapson, L., Walker, K., Petrie, S. & **Ballantyne, E. C.** (In preparation). Spinal cord injury, chronic pain, and quality of life: Identified research priorities.

Boschen, K., Katz, J., Craven, B. C., Hunter, J. P., Tonack, M., Hitzig, S. L., Popovic, M. R., Thrasher, T.A., Rapson, L., Walker, K., Petrie, S. & **Ballantyne, E. C.** (In preparation). Consensus-building in spinal cord injury, chronic pain, and quality of life research.

SCHOLARSHIPS AND AWARDS

2011 (Fall)	Professional Development Scholarship, Adler School of Professional Psychology
2011 (Spring)	Professional Development Scholarship, Adler School of Professional Psychology
2010	Professional Development Scholarship, Adler School of Professional Psychology
2008	Social Justice Scholarship, Adler School of Professional Psychology
2003-2004	Dean’s Honor Roll, Queen’s University
2002-2003	Dean’s Honor Roll, Queen’s University

TEACHING EXPERIENCE

Teaching Assistant, Adler School of Professional Psychology

Research Methods in Clinical Psychology

Chicago, Illinois (August 2010 – December, 2010)

Supervisor: David Castro-Blanco, Ph D

- Responsibilities included editing and providing feedback for literature reviews, research methodologies, and other assignments.
- Met with individual students for additional instruction as needed.

Facilitator, Child Guidance and Parenting Classes, Haymarket Center
Chicago, Illinois (April 2009 – May 2009)

- Co-facilitated group parenting sessions in the women's treatment unit of a non-profit alcohol and drug treatment organization.

Volunteer Instructor, Patient Partners
Kingston and Toronto, Ontario (September 2004 – September 2007)

- Completed anatomy classes and training in conducting musculoskeletal exams. Demonstrated musculoskeletal exams and taught diagnostic skills to detect arthritis to physicians and occupational and physiotherapy students.

Student Instructor, Stressbusters, Queen's University Student Health
Kingston, Ontario (September 2003 – February 2004)

- Performed presentations on stress relaxation techniques including massage, progressive muscle relaxation, and guided imagery.

PROFESSIONAL AFFILIATIONS

2008-2010 Association for Psychological Science, Graduate Student Affiliate
2006 – 2007 Society for Personality and Social Psychology, Student Affiliate

PROFESSIONAL ACTIVITIES

Research Committee Student Representative, Adler Student Association
Chicago, Illinois (Fall 2009 – Summer 2010)

- Participated as a member of an Adler School Research Committee comprised of faculty members to discuss future directions of the research curriculum. Responsibilities included presenting the views of the student body and writing reports delineating ideas for future growth.

Academic Affairs Chair, Association for Neuropsychology Students in Training (ANST)
Chicago, Illinois (Fall 2008 – present)

- The ANST provides supplemental educational workshops for neuropsychology students. Responsibilities include assisting with events and managing the neuropsychology practicum database for students.

Co-President: International Students Association, Adler School of Professional Psychology
Chicago, Illinois (Fall 2008 – present)

- The ISA serves International Students by fostering lifelong connections among current students by providing opportunities to engage in: educational, professional, multicultural, and social programs. Responsibilities include event planning, training/academic support, and facilitating communication between students and administration regarding immigration issues.

International Student Ambassador, Adler School of Professional Psychology
Chicago, Illinois (Summer 2008 – present)

- Assist incoming international students with orientation and acculturation.

Advocate, Canadian Arthritis Network (CAN) Arthritis Pain Workshop
Calgary, Alberta (January 2006)

Coordinator: Jay Fiddler, MA

- The purpose of this workshop was to examine arthritis pain from a multidisciplinary perspective and to devise new strategies to better control joint pain in the community. This workshop was designed to have multiple break-out sessions engaging the diverse backgrounds of the participants to deliberate the origin, measurement, treatment, and management of pain.

CPA Wheelchair Relay Race Team Member
Toronto, Canada (September 17, 2006)

- Participated in a wheelchair relay to fund patient amenities at Toronto Rehab.

Advocate, Summit on Standards for Arthritis Care and Prevention
Ottawa, Ontario (November 2005)

- Met with arthritis stakeholders to identify appropriate benchmarks for arthritis awareness, prevention, and management.

Consultant, The Act Early Initiative
Toronto, Canada (September 2004 – September 2005)

- Assisted in the creation of a hotline for accessing screening, diagnosis and treatment to prevent joint damage and disability due to arthritis. Contributed to the development of age and gender appropriate messages for the social marketing campaign of early warning signs of inflammatory arthritis.